**DO’s**

- Gather facts e.g. means of attempt.
- In case of overdose establish what has been taken and how much and arrange Accident and Emergency admission.
- Remove any means of self-harm if possible.
- Record incident – date and time chronologically – report FACTS only!
- After the incident seek support from your line manager.

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**SUICIDE PREVENTION REFERRAL PATHWAY TOOL FOR CHILDREN & YOUNG PEOPLE UNDER 18**

- Ask question. “Do you want to die/kill yourself?”
- Ask about Plan - Assess risk of plan
- Intent – How serious is the thought, is there a time scale, have they acted on their thoughts
- Keep child/young person safe. Never leave child alone
- Follow your safeguarding procedures
- Contact Parent/Guardian if safe to do so
- For advice contact Single Point of Contact CAMHS 01267 674450 9 to 5 Monday to Friday.
- After 5pm (OOH) contact GP on 111 or A&E if concern is high

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**Suicide Prevention Assessment Tools Guidelines**
If a young person refuses help and you fear for their safety phone the police

If a young person runs away phone the police

Do not leave the young person alone

Contact Parents/carers unless to do so would cause increased harm

HAS ACTED ON SUICIDAL THOUGHTS

KEEP YOUNG PERSON SAFE
REASSURE - DO NOT LEAVE ALONE

EXPERIENCING SUICIDAL IDEATION

KEEP YOUNG PERSON SAFE
REASSURE - DO NOT LEAVE ALONE

CONTACT

Contact Parents/carers unless to do so would cause increased harm

During Office Hours
9am – 5pm
Contact CAMHS
01267674450
SOCIAL SERVICES
Pembrokeshire
01437776444
Ceredigion
01545574000
Powys
01597 827666
Carmarthenshire
01554742322

999
A & E
(ACCIDENT & EMERGENCY)

Contact Parents/carers unless to do so would cause increased harm